

Sustainability & Transformation Plans: A Simple Guide

October 2016



Sustainability & Transformation Plans

This document has been produced to provide LGBT organisations with a good overview of what Sustainability and Transformation Plans are and how they fit into the bigger picture of health and wellbeing of LGBT individuals.

Background & Context

Where did the idea come from?

NHS England published a document in 2014 called the NHS Five Year Forward View (it has a catchy acronym 5YFV!). This outlines how the bodies that oversee health and care services in England see the future of the NHS. These bodies are NHS England, NHS Improvement, the Care Quality Commission, Health Education England, Public Health England and the National Institute for Health and Care Excellence.

Each year NHS England and NHS Improvement publish a guidance document (NHS Operational Planning and Contracting Guidance) to help local health and care providers plan their operations. For the first time, this year's document covers 2 financial years and asks each local health and care system in the England to come together and create an ambitious plan for implementing the 5YFV.

What are they?

Sustainability and Transformation Plans (STP) are place-based, multi-year plans developed around the needs of local populations. They will show how health and care services in each of the 44 identified STP areas (called footprints) will evolve and aim to be sustainable over the next 5 years.

Why are they being produced?

This new way of planning represents a shift in how the NHS designs its services. There is a need for services across each area to collaborate in order to be able to respond to the huge pressures and challenges faced by the NHS.

STPs will aim to support the integration of health and social care as the needs of local populations change. All parts of the system from GPs, social workers, hospital specialists, etc. should be working together to create more coordinated services for patients.

Who is involved locally?

A named individual has been chosen in each of the 44 footprint areas to lead local STP development. Most of these come from Clinical Commissioning Groups (CCGs) or NHS Trusts and Foundations, although some have come from local government.

All parts of the health and care system have to engage in the process and be part of its implementation although no new organisation to oversee it will be created locally.

What do they focus on?

Each Sustainability and Transformation Plan should cover three headline areas:

- * Improving quality and developing new models of care
- * Improving health and wellbeing
- * Improving efficiency of services

The guidance poses 60 questions for each footprint area to consider as they develop their local Plan.

When will they take effect?

Officially, each STP will cover the period between October 2016 and March 2021. However, they won't be published until they have been formally assessed by NHS England and this isn't likely to be until early 2017.

Engaging Locally

Should LGBT organisations care?

Absolutely, yes! These new Plans will determine how health and care services are planned and delivered in the future. Any LGBT organisation engaged in health and wellbeing should be taking note and looking to find opportunities to engage, especially if your services are commissioned or funded by any part of the health system.

How do we get involved locally?

This is a more tricky question at the time of writing as each local footprint is focussed on getting their plans signed off and ready for implementation. Key to note, however, is that the voluntary, community and social enterprise (VCSE) sectors are key to driving forward the change needed. Each area has a Leader tasked with driving forward the local STP and we have included a link to the list of these in the Further Reading section. Get in touch with them and ask how they are engaging with the VCSE as part of their Plan development.

What if our local footprint doesn't want to engage?

Deadlines are incredibly tight for each footprint to get their STP signed off ready for implementation. This has resulted in few areas engaging effectively with the VCSE sectors as part of the development process. However, the guidance document states the most compelling and credible plans, and ones that will receive the earliest additional funding allocated for their work, will be judged on the reach and quality of local processes, including engagement with the VCSE sectors. If you have local contacts with CCGs, Health and Wellbeing Boards or hospital specialists, we recommend you get in touch with them and find out their knowledge of the STP development.

Once Plans have received approval, we will update this document to reflect how best to engage with them and key themes emerging. Keep an eye on the National LGB&T Partnership website for information when Plans are published.

Is there anything we can use to get local leverage?

The Five Year Forward View document details the “Six Principles” for new care models, which should guide local implementation of STPs. Consider using these Principles to shape your offer to partners in the health and care system (e.g. CCGs, Public Health).

The Six Principles are:

- 1 Care and support is person-centred: personalised, coordinated & empowering
- 2 Services are created in partnership with citizens and communities
- 3 Focus is on equality and narrowing inequalities
- 4 Carers are identified, supported and involved
- 5 Voluntary, community and social enterprise and housing sectors are involved as key partners and enablers
- 6 Volunteering and social action are recognised as key enablers

The National LGB&T Partnership has produced a range of resources on the health inequalities faced by LGB&T people which are available on our website at www.nationalgbtpartnership.org.



PHOF Companion



ASCOF Companion



Factsheets

These resources may be useful evidence to highlight the need for reducing health inequalities locally. Local JSNA (Joint Strategic Needs Assessment) data may also contain useful information about the inequalities faced by our communities. Use this evidence to build a business case for your specialist services engaging with a range of health and care services.

Further Reading

Five Year Forward View

<https://www.england.nhs.uk/ourwork/futurenhs/>

NHS Shared Planning Guidance

<https://www.england.nhs.uk/ourwork/futurenhs/deliver-forward-view/>

Map of STP Footprint Areas

<https://www.england.nhs.uk/2016/03/footprint-areas/>

STP Leaders in each footprint

<https://www.england.nhs.uk/2016/03/leaders-confirmed/>

NHS England - Sustainability and Transformation Plans

<https://www.england.nhs.uk/ourwork/futurenhs/deliver-forward-view/stp/>

Please note that this document was created in October 2016 when STPs were being finalised. We will update this resource once they begin to be published.

The National LGB&T Partnership

Committed to reducing the health inequalities of lesbian, gay, bisexual and trans communities
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