

Trans people who seek medical care, including those who are non-binary or non-gender, are faced with the difficult task of selecting the most useful and reliable information from a wide and even bewildering array of sources. To help them find what they need rapidly, the National LGB&T Partnership has developed this list of authoritative online publications and e-learning resources.

## **e-learning for professionals and families on caring for gender nonconforming young people:**

Gender Identity Research and Education Society (GIRES), in partnership with Surrey and Borders Partnership NHS Foundation Trust has created an e-learning course to help professionals and families understand the needs of these young people (commissioned by Health Education England)

<http://www.nlmcontent.nesc.nhs.uk/sabp/gv/>

## **Gender Variance - e-learning for GPs:**

The Gender Variance e-learning course, developed and funded by GIRES is freely available to use on the Royal College of General Practitioners (RCGP) website. Refer your GP to it.

<http://elearning.rcgp.org.uk/gendervariance>

## **Royal College of Psychiatrists Good Practice Guidelines 2013 for the assessment and treatment of adults with gender dysphoria:**

<http://www.rcpsych.ac.uk/usefulresources/publications/collegereports/cr/cr181.aspx>

## **Prescribing Guideline (Produced by the Devon Partnership NHS Trust: June 2015):**

[http://www.devonpartnership.nhs.uk/fileadmin/user\\_upload/MedsMan/InternetDocs/PG12-GenderDysphoria.pdf](http://www.devonpartnership.nhs.uk/fileadmin/user_upload/MedsMan/InternetDocs/PG12-GenderDysphoria.pdf)

## **Guide to Hormone Therapy:**

Produced by a team that includes doctors and trans people to answer some of your questions about hormone treatment for trans people. *(to be updated)*

<http://www.gires.org.uk/assets/DOH-Assets/pdf/doh-hormone-therapy.pdf>

## **Report on Current Waiting Times & Patient Population For Gender Identity Services in the UK:**

<http://uktrans.info/waitingtimes>

## **Providers of lower surgery for trans women:**

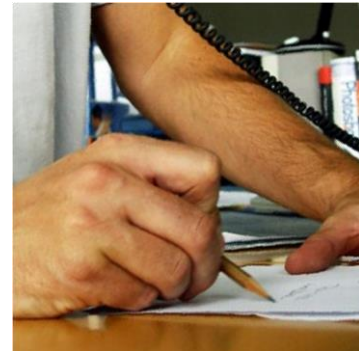
<https://www.imperial.nhs.uk/our-services/surgery/gender-surgery>

## **Guide to Lower Surgery for those assigned male, who identify as trans women, trans feminine, non-binary or non-gender:**

<http://www.gires.org.uk/assets/Support-Assets/lowersurgery-transwomen.pdf>

## **Chest reconstruction for trans men (and trans-masculine, non-binary, non-gender – assigned female):**

<http://transurgery.com/>



# Trans Health Factsheet on Information Resources

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## **Providers of lower surgery for trans men:**

<http://www.londonurology.org.uk/consultants/mr-david-j-ralph/>

<http://www.instituteofurology.org/fac.php?con=1>

## **Guide to Lower Surgery for trans men (and trans masculine, non-binary, non-gender – assigned female):**

<http://www.gires.org.uk/assets/Support-Assets/lower-surgery.pdf>

## **Trans Men's Health Forum: guide written by trans men for trans men:**

[http://issuu.com/menshealthforum/docs/trans\\_man\\_2015\\_hr](http://issuu.com/menshealthforum/docs/trans_man_2015_hr)

## **Sexual health for trans, non-binary and non-gender people:**

<http://cliniq.org.uk/resources/>

## **Sexual health for Trans Men (Produced by the Terrance Higgins Trust):**

<http://www.tht.org.uk/~media/8F7D70D8C3B643109351E3D9A633529A.ashx>

## **Sexual Health for Trans Women (Produced by the Terrance Higgins Trust):**

<http://www.tht.org.uk/~media/4653AA766E3F4C1286FC515F17146F32.ashx>

## **Guidance for the process for changing name and gender in primary care from GPnotebook:**

<http://www.gpnotebook.co.uk/simplepage.cfm?ID=x20100810201516329264>

## **Register of Transgender Friendly Doctors and Medical Centres in the UK (Produced by Transfigurations):**

<http://transfigurations.org.uk/trans-friendly-doctors/>

## **Waiting time information for Lower surgery for Trans Women - Charing Cross Hospital:**

<http://www.imperial.nhs.uk/services/gendersurgery/faqs/index.htm>

## **Preventing suicide among trans young people:**

Toolkit from the Royal College of Nursing and Public Health England to support and develop the role of nurses in the prevention of suicide among trans young people.

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/417707/Trans\\_suicide\\_Prevention\\_Toolkit\\_Final\\_26032015.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/417707/Trans_suicide_Prevention_Toolkit_Final_26032015.pdf)

## **Bereavement Guide:**

Booklet for bereaved trans people or friends, or the family of a trans person who has died. It also informs professionals such as coroners and undertakers the needs of trans people in the circumstances of death.

<http://www.gires.org.uk/assets/DOH-Assets/pdf/doh-bereavement.pdf>

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